



**FEBRUARY 2023 - MONTH OF PRAYER & FASTING**

**FASTING**  
*Is Feasting*

**CONNECTING TO JESUS, SATISFIER OF OUR SOULS**

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**WEEK 4 | FEBRUARY 19 - 25**

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**THURSDAY PRAYER "FEAST"**  
**12:00 PM | FEBRUARY 23 | GUTHRIE BRYANT CHAPEL**



# FASTING

*Is Feasting*

*Feasting on God's work in our neighborhoods & among the nations*

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Fasting is an opportunity to respond to God's grace through humbling ourselves before God's throne, prioritizing hunger for Jesus, His word, His people, and His work over the hungers of our lives and culture. Jesus said "Blessed are those who hunger and thirst for righteousness..." **(Mt 5:6)** and His grace invites us to "Seek first the Kingdom of God." **(Mt 6:33)**

**PLEASE JOIN OUR FPC FAMILY THROUGH A PERSONAL COMMITMENT BELOW & FOR PRAYER DURING LUNCH ON THURSDAY, FEBRUARY 23!**

This week I will respond to God's grace by fasting from\*: \_\_\_\_\_

This week I will respond to God's grace by feasting on Jesus through\*: \_\_\_\_\_

This week I will pray for these people who do not know Jesus or who desperately need to see the love and power of Jesus:

\_\_\_\_\_  
\_\_\_\_\_

*\*Ideas: Fast from spending money on coffee, dessert, or other simple pleasures and prayerfully consider how you can use that money to expand the mission of Jesus by showing His love or support His light in dark places. Fast from filling your schedule and feast on opportunities to love your neighbors or neighborhood! Or your role in participating in God's work among the nations.*

