



FEBRUARY 2023 - MONTH OF PRAYER & FASTING

Is Feasting
FASTING

CONNECTING TO JESUS, SATISFIER OF OUR SOULS

WEEK 2 | FEBRUARY 5-11

THURSDAY PRAYER "FEASTS"

12:00 PM | FEBRUARY 9, 16, & 23 | GUTHRIE BRYANT CHAPEL



FASTING

Is Feasting

Feasting on God's Word & God's Spirit

Fasting is an opportunity to respond to God's grace through humbling ourselves before God's throne, prioritizing hunger for Jesus, His word, His people, and His work over the hungers of our lives and culture. Jesus said "Blessed are those who hunger and thirst for righteousness..." **(Mt 5:6)** and His grace invites us to "Seek first the Kingdom of God." **(Mt 6:33)**

PLEASE JOIN OUR FPC FAMILY THROUGH A PERSONAL COMMITMENT BELOW & FOR PRAYER DURING LUNCH ON THURSDAY, FEBRUARY 9!

This week I will respond to God's grace by fasting from*: _____

This week I will respond to God's grace by feasting on Jesus through*: _____

This week I will pray for these people who do not know Jesus or who desperately need to see the love and power of Jesus:

**Ideas: Fast from words of our culture (social media, news...) to meditate and marinate on God's Word and God's Spirit. Orient your hungers to memorize or meditate on Scripture (like Romans 8)! Take time to personally worship in song as you seek to be more Spirit driven and Spirit filled.*

