



**FIRST  
PRESS**

**AUGUST 2019**



*First Presbyterian*  
CHURCH OF SAN ANTONIO  
**KICK-OFF 2019**

**LAUNCH**

**OUR MINISTRIES ARE LIFTING OFF SUNDAY, AUGUST 18!**  
**WELCOME HOME TO FIRST PRESBYTERIAN**

## Being the "Someone" for People who have "No one."



**Rev. Dr. Bob Fuller**  
Senior Pastor

**T**he gospel of John tells a story about an encounter between Jesus and a crippled beggar who had been sitting in the same spot at a gate in Jerusalem

for 38 years (John 5: 1-9). Jesus saw the man and asked him, "do you want to be healed?"

The crippled man's answer was that he wanted to be healed, but he had no one to help him get to the place of healing (a special fountain that was reputed to have healing powers). He wanted help, but he could not get there on his own.

The man had "no one" to help him, so Jesus decided to be his "someone" to help him. But, rather than wait around for the healing fountain to bubble, Jesus invested his own power and exercised his own authority to change the trajectory of this man's life. Jesus said,

*"Get up, take up your bed, and walk." And at once the man was healed, and he took up his bed and walked. (John 5:8-9)*

The poor man at the gate in Jerusalem said that he had "no one," so Jesus became his "someone." We all know people who want help and need help but cannot get there on their own, and they need "someone" to help: Someone to carry them to the place of healing, to help them find the truth, to speak up for them, to listen to them and to take them seriously.

Our Lord Jesus Christ has given us a mission. To help people find hope and restoration through his truth and his power. Jesus has called us to be "the someone" for the people who have "no one."

Three years ago, in August 2016, First Presbyterian Church made a public commitment to be the "someone" for people and families struggling with mental illness. With the Leadership of Doug Beach, FPC became a founding partner of the *Pathways to Hope* conference—a conference born to bring the mental health community and the faith community together to reduce the stigma of mental illness and equip one another to care for families and individuals living with mental health disorders.

The National Institute of Mental Health reports that Mental illness affects one in four adults (approximately 57.7 million Americans) resulting in disability, unemployment, substance abuse, homelessness, incarceration, suicide and broken lives. In the United States, the economic cost of untreated mental illness is more than 100 billion dollars each year. As a church, we are dedicated to making sure families and

individuals struggling with mental illness (both inside and beyond our congregation) have someone who can help. The fourth annual Pathways to Hope Conference will take place in just a few weeks, on August 23-24, at the Tobin Center.

This August, we are once again stepping up to publicly declare that we are going to be the "someone" for our neighbors in need and for women in crisis. After 8 months of development and action, we are ready for the full opening of the *Kingdom Restoration Lab (Collaborative)*. The KRL is a home for Christ centered partnership and restoration. Even in this developmental phase, God has been so good, marking our church at Fourth and Alamo as a place for help, hope and healing. Already, social workers (from our partners at the *Christian Hope Resource Center*) have touched the lives of over 700 people. Over 270 have come back a second time to walk with our social workers to take that "next step" beyond simple survival and into the flourishing life God has prepared for them. We are expanding our ministry beyond appointments to include classes on jobs and finances, and we provide computers for neighbors to build resumes and conduct job searches.

On August 5, our partner ministry *Any Woman Can* will move in to provide the only Christian women's health clinic in the center-east side.

All of this is developing because of collaboration with partners like CAM, Young Life, Loaves and Fishes, and Faith Based Institute. The KRL will continue to grow as the Lord moves and provides for other key collaborations in areas such as mental health and ID recovery.

Thanks to the Lord Jesus Christ for giving us the opportunity and resources to serve our neighbors. And thanks to partners, staff, officers and committee leaders for boldly pursuing our vision to love the City, by being the "someone" who can help people when they need it most.

Grace and Peace,  
Bob Fuller

P.S. There is so much going on, and I want to thank our Mission Associate Lindsay Selli for compiling information on this extraordinary ministry and for walking step by step, day by day with neighbors, volunteers, partners and staff.



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## PATHWAYS TO

*Moving Towards Mental Wellness  
Body • Mind • Spirit • Community*

hope

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## SAVE THE DATE

### Global Leadership Summit



**Dates:** Thurs. & Fri., August 8 - 9  
**Time:** Thurs. | 8:30 AM - 4:45 PM;  
Friday | 8:30 AM - 3:30 PM  
**Location:** Grace Point Church  
9650 Huebner Road

FPC invites you to this special simulcast of the Global Leadership Summit, featuring adventurer Bear Grylls, to be held at Grace Point Church, 9650 Huebner Road. More than an event, the Summit is a catalyst for change that inspires and equips world-class leadership to ignite organizational and community transformation. Cost: \$139 with priority code. Priority Code: 19PRTORG. Register here: [GlobalLeadership.org/Summit](http://GlobalLeadership.org/Summit).

### KEYS August Birthday Lunch

**Date:** Friday, August 16  
**Time:** 11:30am  
**Location:** Hyatt Regency  
(123 Losoya St.)  
**Price:** \$12

KEYS Birthday lunches are the third Friday of each month and are held at various restaurants throughout the city area. This month we will be at the Hyatt Regency, located at 123 Losoya St. Birthday honorees are our guests at these meetings, which are a time of fellowship and celebration. (Lunch/\$12) RSVP to Rosie Brown at [rosieb@fpcsat.org](mailto:rosieb@fpcsat.org) or 210-271-2753.

### Kick-Off Sunday

**Date:** Sunday, August 18  
**Time:** 8:30 AM - 12:00 PM  
**Location:** FPC

August is right around the corner and fall activities will be "launching" at FPC again! Kick-off Sunday will be August 18th this year. Mark your calendars to get re-acquainted with your FPC family, and the many ways you can get plugged in and experience everything First Pres has to offer. Check out [pages 8-9](#) for more information!

### Pathways to Hope



**Dates:** Fri. & Sat., August 23 - 24  
**Time:** Fri. | 8:30 AM - 4:30 PM;  
Fri. Youth Event | 7-9 PM;  
Sat | 8:30 AM - 2:00 PM  
**Location:** Tobin Center  
100 Auditorium Circle

The fourth annual Pathways to Hope Conference, focusing on mental health and including speakers from across the community and nation, including Pastor Frank Pomeroy of First Baptist Church of Sutherland Springs, will be held at the Tobin Center this August. This community wide initiative will help us move toward breaking the stigma of mental illness. For more information, or to register, please visit [www.pathways-tohope.net](http://www.pathways-tohope.net). [See article on [page 10](#).]

### Loaves and Fishes

**Date:** Saturday, August 17  
**Time:** 11:00 AM - 2:00 PM  
**Location:** Student Center  
Downstairs

Our next opportunity to serve our under-resourced neighbors is next Saturday, August 17. Setup begins at 8:30 AM, doors open for guests at 10:30 AM, and serving begins at 11:00 AM. All are welcome. Please contact Lindsay Selli ([lindsays@fpcsat.org](mailto:lindsays@fpcsat.org)) with questions or to volunteer.

### Women's Faith Gathering

**Date:** Sunday, August 25  
**Time:** 7:00 - 9:00 PM  
**Location:** Trudy Moore Residence  
(124 Geneseo, 78209)

Women's Night of Worship and Faith Stories at the home of Trudy Moore (125 Geneseo). Come join other women from the church of all ages to worship, experience fellowship, and hear testimonies of God's work! Please contact Carrie ([carrie@fpcsat.org](mailto:carrie@fpcsat.org)) for more info.

### FPC Children's Choir First Fall Rehearsal

**Date:** Wednesday, September 4  
**Time:** 5:00 PM - 5:45 PM  
**Location:** NEW LOCATION!  
Assembly Room

FPC Children's Choir rehearses every Wednesday from 5:00 to 5:45 PM. A light dinner is served after choir in the Nutrition Center. To register your age 4 to 5th grade child for this year go to [www.fpcsanantonio.org/childrens-choirs](http://www.fpcsanantonio.org/childrens-choirs). For more information, contact Kathy Jamison at [kathyj@fpcsat.org](mailto:kathyj@fpcsat.org).

## 5 Love Languages Marriage Conference



**Date:** Saturday, September 7  
**Time:** 9:00 AM - 3:30 PM  
**Location:** FPC

Whether you've been married six months or sixty years, every marriage can use a boost. In this popular one-day conference led by Dr. Gary Chapman, author of the #1 New York Times bestseller *The 5 Love Languages*®, you and your spouse will experience what's sure to be the highlight of your marriage and the beginning of many positive changes. With wisdom and a healthy dose of humor, Dr. Chapman gives valuable tips on breaking unhealthy patterns and choosing to develop a more intimate, happy marriage.

Cost is \$47 per individual; \$75 per couple (lunch included in cost). Register early! This conference sells out fast! Register at [moody.regfox.com/5LL-texas](http://moody.regfox.com/5LL-texas).

## Literature Circle Begins

**Date:** Tuesday, September 10  
**Time:** 1:30 PM  
**Location:** McCullough Room

FPC welcomes men and women to attend the Literature Circle on Tuesday, September 10 when we will return from our summer break with the review of the novel, "Love and Ruin," by Paula McLain. The social half-hour begins at 1:00 PM with the review following at 1:30 PM.

## Perspectives Class Begins this Month!



The Perspectives class is for anyone who wants a closer walk with the Lord, who is serious about gaining a deeper understanding of His ultimate purpose in the world. Join thousands of believers on a journey into the heart of God for all peoples.

Perspectives is a 15-week life and learning opportunity that will change the way you view the world around you. In it, you will have your eyes opened to the heart and purpose of God, and how you can take part in His work all over the world,

**Class Dates:** Sundays,  
August 18 - December 15  
**Time:** 3:00 - 6:00 PM  
**Location:** FPC

from the urban streets of America to the rain forest and deserts of distant lands.

A fantastic array of pastors, theologians, international missiologists and mobilizers will challenge and inspire you with their personal experiences that will open your eyes to see just how big God is, and how much He desires that all might come to know Him.

Register now at [www.perspectives.org/sanantonio](http://www.perspectives.org/sanantonio) for this life-changing course. Partial scholarships and potential college credit will be available for current university students. If you have additional questions, email Lindsay Selli at [lindsays@fpcsat.org](mailto:lindsays@fpcsat.org).

## Freedom Sunday

**Date:** Sunday,  
September 22  
**Time:** All Services & Lunch  
**Location:** FPC

One of the great themes of the Bible is that of release for the captives and redemption from slavery. The Hebrews of the Old Testament were led out of bondage by God to a new land and were blessed to be a blessing. Through Jesus' death and resurrection, we are set free from the slavery of sin and death.

When we think of the practice of enslaving people, we may be tempted to consider it a historical vestige, but that would be wrong. There are more than 40 million slaves

globally, and one in four is a child. First Presbyterian partners with International Justice Mission in rescuing modern-day slaves around the world. IJM has networks of lawyers and advocates working to rescue slaves and prosecute those who enable slavery. Would you like to learn more? Come hear IJM's Regional President for Latin America, Pablo Villeda, speak in all three worship services and at a special lunch afterwards. For more information contact Lindsay Selli at [lindsays@fpcsat.org](mailto:lindsays@fpcsat.org).

## CARE MINISTRY UPCOMING DATES

For more information on these Care Ministry opportunities, contact Scott Simpson at [scotts@fpcsat.org](mailto:scotts@fpcsat.org) or 210-271-2712.

### Care Cluster Coach Training

**Date:** Saturday, September 14

**Time:** 9:00 AM - 4:00 PM

**Location:** Westminster Hall

What does it mean to be a coach? This training will give you a vision for coaching, coaching's core practices, and the coach's toolbox.

### Care Cluster Leaders Training Class

**Dates:** Sundays, September 8 - September 29

**Time:** 9:30 AM - 10:30 AM

**Location:** Room 226

Learn to prepare Covenant Partners to be leaders of Care Cluster Small Groups. Develop leadership, pursue spiritual growth, learn to lead meetings and progress, and how to facilitate care for members of the Care Cluster Small Groups.

### Stephen Ministry Information Meeting

**Date:** Sunday, September 15

**Time:** 12:15 PM - 12:30 PM

**Location:** St. Andrew's Room

Stephen Ministers are members of First Pres who are trained to care for others in times of personal need for as long as needed. This meeting will provide information for anyone interested in joining this important ministry.

### Stephen Ministry Training

**Dates:** Tuesdays, October 8 - March 10

**Time:** 6:30 PM - 9:00 PM

**Location:** Geneva Room

A 20-week class for those training to become Stephen ministers. Class will be closed after the first session.

## Back to School Events



Bless this school, O Lord we pray,  
Make it safe by night and day.

Bless these walls so firm and stout  
Keeping evil and trouble out.

Bless the roof and chimney tall  
Let your peace lie over all.

Bless these doors, that they may be,  
Open for all to learn and be free.

Amen

### KinMart: Foster Family School Shopping Day

**AUG  
3**

**Saturday, August 3rd**

**10:00 AM - 12:00 PM**

**Westminster Hall**

It's not too late to volunteer to help with this amazing event designed by South Texas Alliance for orphans to help local foster families with their school supplies. Register to volunteer at [www.fpcsanantonio.org/kinmart](http://www.fpcsanantonio.org/kinmart).

### Honor Our Teachers Sunday

**AUG  
4**

**Sunday, August 4th**

**All Services**

Please join our regular services to honor our teachers with prayer. All teachers will be asked to stand and will be recognized for their dedication and service to the youth of America.

### Back to School Prayer Initiative

**AUG  
18**

**Sunday, August 18th**

**5:00 PM**

**Your Local School**

The Prayer Ministry Committee has organized a "prayer at the flagpole" gathering at schools in our city and surrounding area to pray for students, teachers, and faculty. It is an informal gathering with the sole purpose to cover our local schools in prayer. If you would like to include a particular school and/or lead the prayer at a school, please contact Jeannie ([jdullnig@att.net](mailto:jdullnig@att.net) or 210-213-3820) or Downie ([downie@ankolede-signs.com](mailto:downie@ankolede-signs.com) or 210-284-1497).

## Bringing Clean Water to a Yucatan Community

**Y**ucatan Peninsula Ministries (YPM) has been promoting Redemptive Restoration in the Yucatan since the 1960's. At the time, Cancun was a small fishing village with about 200 residents!

As Cancun grew, the focus of YPM moved into the interior of the state of Quintana Roo, serving the people of the Zona Maya. In 2004 a base "camp" was established in the village of Leona Vicario. Today that camp has grown to a permanent facility with accommodations for groups of 25 or more. From this base (called Casa Americanos by the locals), YPM continues to serve the surrounding villages.

First Pres has been in partnership with YPM for over 25 years. Mission teams have built churches, hospitals, and staffed medical clinics. In August of 2017, Instituto YPM opened, offering University degrees in business administration, education and law. Two FPC mission teams worked on the first dedicated class building. In partnership with Presbyterian congregations from across the United States, this class building was completed in early 2019. In addition to the sweat equity of our two teams, FPC financial support was close to \$70,000.

In the fall of 2018, the Global Missions Committee of FPC committed to bring Clean Water to the Leona Vicario community. This project, using a system designed by Living Waters for the World, should be completed by the summer of 2020. This project is a pilot for what we hope to be six to eight installations by the year 2030. Living Waters for the World (a Presbyterian organization) trains, equips and supports volunteers in forming global clean water mission partnerships. These mission partnerships empower

international communities to install and sustain water purification systems and health education programs.

A mission team from FPC went to the Yucatan peninsula July 12-14 in preparation of installing a water purification system at the Instituto YPM, a seminary, in the summer of 2020. The system will provide clean water to the school and up to 300 others in the region at low to no cost. Team members that went on the mission trip to Leona Vicario in the Yucatan include: Rich Delano, Garland Henderson, Bobby Mickler, Candy Wagner, and Cynthia Robinson.

Prior to this trip, Rich, Garland and Candy traveled to Oxford, Mississippi, to attend Clean Water U, and be trained on

health and hygiene and the installation of the system. The health and hygiene training will be passed on to our brothers and sisters in Christ as part of an overall health education program to emphasize the importance of clean drinking water to improve lives and reduce infant mortality.

Central to our efforts is to ensure that our Clean Water is a visible symbol of Christ's Living Water!

Financial contributions to this effort can be made designating gifts to the Global Missions Fund – YPM.

If you are interested in participating in a future work trip, please contact Lindsay Selli at [lindsays@fpcsat.org](mailto:lindsays@fpcsat.org).



REV. BECKY PRICHARD  
Associate Pastor for  
Christian Education



## KICK-OFF 2019

**A**ll are invited to join us for a very special Kickoff Sunday on August 18 as we LAUNCH into the school year with new Sunday school classes, Bible Studies, programs and many more ways to get connected at FPC. On Kickoff Sunday, our goal is to glorify God as we continue to Love Jesus Christ, Love One Another, and Love the City. We will have all three of our regular worship services (see schedule for details) in addition to Sunday school classes for kids, youth and adults of all ages.

Our children and youth students will be promoted to their new Sunday school classes (based on age and grade) during the 9:30 hour as they dive deep into God's Word and enjoy fellowship with one another. Additionally, we will have several different adult Sunday school classes to choose from, discussing different topics and books of the Bible that will engage adults of all ages in deep learning, fruitful discussion, and meaningful engagement with one another.

We encourage you to invite friends, family, and neighbors to church on Kickoff Sunday as we will have a special time of fellowship and FREE brunch appetizers and homemade cookies in our Mauze Lobby, and plenty of time to connect with one another.

As we join together to Love Christ and Love One Another on Kickoff, we also invite you to Love our City by putting together hygiene bags, for volunteers to hand out to our under-resourced neighbors in the *Kingdom Restoration Lab (Collaborative)*, or KRL, located under our Sanctuary.

We look forward to seeing you on Sunday, August 18 as we LAUNCH into fall at FPC! For more detailed information about class offerings, visit [www.fpcsanantonio.org](http://www.fpcsanantonio.org).



## LAUNCH SCHEDULE:

- 8:30 AM** – Adult Sunday School Classes (childcare available)
- 9:30 AM** – Sunday School Classes for ALL ages (children, youth, adults)
- 9:30 AM** – Traditional Worship Service in the Sanctuary
- 11:00 AM** – Traditional Worship Service in the Sanctuary (childcare available for 5 years and under)
- 11:02 AM** – Contemporary Worship Service in Westminster Hall (childcare available for 5 years and under)

### All Morning:

- Throughout the morning there will be free brunch appetizers and homemade cookies served in the Mauze Lobby and we invite you to stop by on your way to Sunday school or the worship services to grab a bite to eat and connect with one another.
- Drop by the Children's Lobby to put together a hygiene kit for the KRL!

**DOUG BEACH**  
President, NAMI  
San Antonio

# Pathways to Hope Conference

## August 23 & 24 | Register Today!

The 2019 *Pathways to Hope: Moving Towards Mental Wellness* conference will be held at the Tobin Center for the Performing Arts on August 23 and 24.

The conference will bring an outstanding group of speakers, and offer 19 different workshops to help continue the community-wide conversation on how faith communities can provide support for individuals and families affected by a mental illness. FPC is a presenting sponsor of this ground-breaking event.

Our workshops will provide free CEUs and will follow four tracks: (1) Mental Health, (2) Peer Programs, (3) Therapy/Counseling, and (4) Faith Community Support.

Once again, the conference is FREE to all attendees, but you must register online at [www.pathwaystohope.net](http://www.pathwaystohope.net) to reserve your place. Join us and FIND YOUR PATHWAY.



### Youth Against Stigma: A Youth and Family Event

H.E.B Hall Auditorium, The Tobin Center  
Friday Evening, August 23, 2019  
Doors Open: 6 pm; Start 7:00 pm - 9:00 pm

## Featured Speakers



Pete Earley



Dr. Mark Salzer



Shannon Royce



Rev. Susan  
Gregg-Schoeder



Pastor Frank  
Pomeroy



Dr. Brenda  
Richardson-Rowe

- **Pete Earley**  
a nationally-known mental health advocate, Pulitzer Prize finalist and author
- **Dr. Mark Salzer**  
Director of the Temple University Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities
- **Shannon Royce**  
The Partnership Center, U.S. Dept. of Health & Human Services; Center for Faith & Opportunity Initiatives
- **Rev. Susan Gregg-Schroeder**  
Founder of Mental Health Ministries
- **Pastor Frank Pomeroy**  
and members of the First Baptist Church in Sutherland Springs
- **Dr. Brenda Richardson-Rowe**  
Director of the Harmony Counseling Center at Concord Church in Dallas

# KEYS

**A**ugust brings us to the end of our summer schedule. Regular activities will Kick-Off on September 13th with the Jim Cullum Jazz Band.

As expected, everyone thoroughly enjoyed our trip to see “Beauty And The Beast” at the Woodlawn Theater, we are looking forward to a December 4th showing of Charles Dickens’ “A Christmas Carol.” August Birthdays are almost always celebrated at the Q-Kitchen Pasta Bar in the Hyatt on the River Walk; make your reservation with Rosie. Enjoy what is left of the summer as we move forward into cooler days ahead. Remember, KEYS is not an exclusive club for older adults; everyone is welcome to attend on Fridays and to join us on other activities as well.

## BRIDGE AND MAH JONGG

Bridge and Mah Jongg players will continue on the second and fourth Fridays of the month. However, for the summer, game time will be from 11:00 AM to 3:30 PM. Bring a lunch and join in on the fun!! New players are welcome and someone will help you learn the game. If you have other games that we could play, then let us know and we will see that you have a place to play.

## AUGUST BIRTHDAY LUNCHES

**11:30 AM | \$12/person, RSVP required**

**August 16** Q Kitchen Pasta Buffett at the Hyatt

## HEB LUNCH AND LEARN

We are planning to return to the HEB Cooking School, however our date is in flux as they are making renovations to the venue. As soon as we have a new date we will let you know. The cost is \$30, which includes lunch along with a demonstration on how to prepare what we will be enjoying.

## SA READS

SA Reads needs your help to sort, categorize, and clean donated books that are used in local schools to provide reading material to children who may not have the opportunity to own books of their own. Jane Warren (210-493-5187) is the person to contact with any questions about this program. The work is done at Firstmark Credit Union, 10730 Gulfdale Drive, on the first Tuesday of each month. Join in on this great service project, as well as the fellowship of working together.

**REV. DR. JOE MOORE**  
Minister for older adults and congregational care.

## Keeping EVERYONE

## Young in Spirit

**To make your reservation for all KEYS events contact Rosie Brown at 210-271-2753 or [rosieb@fpcsat.org](mailto:rosieb@fpcsat.org). The cost for meals at FPC is \$10. Birthday luncheons are \$12 unless otherwise noted.**

## Coming in the Fall

- Sept. 13** The Jim Cullum Jazz Band
- Sept. 27** City Manager Erick Walsh
- Oct 4** Merry Langlinais, Butterfly expert and author of *"Critters of the Red Heart"*
- Oct. 19** Fall Picnic returning to McNeel's Ranch

**CARRIE EVERSON**

Director of Young Adult  
and Young Women's  
Ministry

Women of any age, connect with other women:

## WOMEN'S MINISTRY UPDATE

If you are a woman of any age and would like to connect with other women at FPC, we have lots of opportunities to do so!

### OTHER UPCOMING WOMEN'S EVENTS:

- **Fall Ladies' Night Out**  
Tuesday, October 15 at  
6:00 pm at Lellen Lane's  
house (266 Geneseo)
- **Fall Legacy Luncheon**  
Monday, October 28 at  
11:30 am in Westminster  
Hall
- **Winter Ladies' Night Out**  
Tuesday, January 28 at  
6:00 pm at Paloma Blanca
- **Spring Luncheon**  
Monday, March 23 at  
11:30 am in Westminster  
Hall

**Women of the Church** provide a number of Women's Circles.

Each Circle is unique – some meet for Bible study, some for discussing a book, and some for service! Women of the Church also hold luncheons and Ladies' Night Out events. Dates are listed here. If you are interested in attending a Circle or have questions about these events, please contact Judy Kruger at: [judykruger@sbcglobal.net](mailto:judykruger@sbcglobal.net); (210) 857-0122.

In addition to Circles, we have **IF Groups**.

IF groups are intergenerational groups of women who meet regularly to share life together over a meal. If you haven't been a part of one before but are interested, this is a great time to join one! Currently the leadership of IF Groups is placing people into groups for the fall. We will be adding people to current groups and forming new ones. If you would like to be in a group please contact Carrie Everson at [carrie@fpcsat.org](mailto:carrie@fpcsat.org); (210) 226-0215 X267.

There are also opportunities to connect with larger groups of women through a variety of activities.

**Women's Faith Gatherings** are intergenerational meetings of women that include worship, testimonies, and fellowship. The next one is on August 25 from 7-9 PM in the home of Trudy Moore (124 Geneseo).

**IF Group Potlucks** are quarterly larger gatherings of IF Group participants for dinner and fellowship with other women. You are welcome to attend even if you are not a part of an IF Group. Contact Maggie Burnett ([tempburnett@sbcglobal.net](mailto:tempburnett@sbcglobal.net)) for more info.

So what are you waiting for? No matter your age, background, or personality, I am certain that you will find connection with other women through one or many of these opportunities! We are not meant to be isolated; we were made for connection. Don't miss out on the many avenues available to get to know other women and share life with them!

**JUDY KRUGER**

President, Women of  
the Church

# WOMEN OF THE CHURCH

## WOMEN OF THE CHURCH UPCOMING EVENTS:

**Sept. 9 - 9:45 am**  
WOC Moderators  
and Council  
Meeting

**Oct. 15 - 6:00 pm**  
Fall Ladies'  
Night Out at the  
home of Lellen  
Lane

**Oct. 28 - 11:30 am**  
Fall Legacy  
Luncheon

**Please mark  
your calendar!**

**I** am honored and excited to serve as the 2019-2020 President of Women of the Church (WOC.) All women of First Presbyterian Church are welcome to join WOC events and activities! We invite you to enjoy the numerous opportunities for Bible study, fellowship, and service.

I would like to thank Holly Youngquist for her outstanding leadership during her year as President of Women of the Church. She truly is the embodiment of the motto she used all year: "Live Big, Love Deeply, and Serve Humbly." We are grateful for her dedication, her energy, and her creativity.

Women of the Church closed its 2018-2019 year with the annual May Coffee. This event honored Past Presidents and benefitted the FPC Children's Center and Presbyterian Children's Homes and Services (PCHAS.) Many thanks to Lisa Wolff for opening

her beautiful home for this event. We would also like to thank the May Coffee Committee Chairmen Chaney Stuart and Jodi Wood (and their committee members) for organizing the delicious food and making sure that every detail was covered. And another big thank you to the Valet Parking Team for their help again this year.

Thank you to the many women who served at VBS as teachers and helpers. It was a great week of teaching and loving children. Special thanks to Bunkie Shed, Chair of Circle 20, for organizing snacks for the adult volunteers.

We look forward to an exciting new year as we seek to love Jesus Christ, love one another, and love our city. I encourage you to join us! If you have questions or would like more information, please contact Judy Kruger at [judykruger@sbcglobal.net](mailto:judykruger@sbcglobal.net) or (210) 857-0122.



.....  
**"Thank you to all FPC  
Women of the Church  
who have helped this  
past year and this  
summer."**

# FIRST CUP READINGS AUGUST, 2019

Dear Family in Christ,

*First Cup* is designed to assist you in the habit of daily Bible reading and prayer. The name is to remind you that as you reach for your first cup of morning coffee or tea, reach also for your Bible and prayer list. The prayers at the beginning of each week are taken from hymns, sometimes found in obscure hymnals in my library. They are intended to be read as your beginning prayer, to focus your mind on the daily readings that follow. May this spiritual discipline strengthen you as you face each day.



Blessings and love in Christ, Sandy Sturch

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I lift up my soul.— Psalm 143:8

- 1 Luke 8:22-25; 2 Samuel 22; Jonah 2; Psalm 3:5; 4:8; 73:23-26

*"Take up thy cross," the Savior said, "If thou wouldst My disciple be; Take up thy cross with willing heart And humbly follow after Me." Take up thy cross; let not its weight Fill thy weak spirit with alarm; His strength shall bear thy spirit up, And brace thy heart, and nerve thy arm. Take up thy cross, nor heed the shame; Nor let thy foolish pride rebel; Thy Lord for thee the cross endured, To save thy soul from death and hell. Take up thy cross and follow Christ, Nor think till death to lay it down; For only he who bears the cross May hope to wear the glorious crown. (The Hymnbook, #293)*

- 2 Deuteronomy 18:9-13; Psalm 106; Luke 8:26-39; James 4:7  
3 Luke 8:40-48; Leviticus 15:25-27; Mark 3:10; 6:56; Luke 8:49-55; Hebrews 11:6  
4 Luke 9:1-9; Matthew 14:1-12; 17:9-13; Matthew 10:17-31  
5 Exodus 16; Luke 9:10-17; Mark 11:22-25; Proverbs 30:7-9; John 6:48-51  
6 Luke 9:18-27; Matthew 10:32-33; 16:24-28; Philippians 1  
7 Luke 9:28-36; Isaiah 42:1-9; Matthew 3:16-17; 5:17; 2 Peter 1; Psalm 119:105  
8 Luke 9:37-45; Mark 9:14-29; Matthew 21:21-22; James 5:15-16

*Our Father in heaven, we hallow Thy name; May Thy kingdom holy on earth be the same; O give to us daily our portion of bread; It is from Thy bounty that all must be fed. Forgive our transgressions, and teach us to know that humble compassion which pardons each foe; Keep us from temptation, from evil and sin, And Thine be the glory forever! Amen. (Baptist Hymnal, #343)*

- 9 1 Kings 19:19-21; Luke 9:46-62; Matthew 4:18-22; Mark 10:17-31; Matthew 6:33  
10 Luke 10:1-24; Matthew 4:10; Revelation 9:1-11; 12:7-12; 13:5-10; Daniel 12:1-4  
11 Luke 10:25-37 Deuteronomy 6:5; Leviticus 19:18; Matthew 19:16-30  
12 Luke 10:38-42; Matthew 6:25-34; Romans 12:1-13; Psalm 27:4; 119:97-112  
13 Luke 11:1-13; Matthew 26:31-46; 69-75; 1 Corinthians 10:1-13  
14 Luke 11:14-28; 2 Peter 2; Hebrews 6:4-6  
15 Luke 11:29-32; Jonah 3; 2 Chronicles 9:1-12; Matthew 12:38-45; John 3:18-21

*Oh, the unsearchable riches of Christ, Wealth that can never be told! Riches exhaustless of mercy and grace, Precious, more precious than gold! Oh, the unsearchable riches of Christ! Who shall their greatness declare? Jewels whose luster our lives may adorn, Pearls that the poorest may wear! Oh, the unsearchable riches of Christ! Who would not gladly endure Trials, afflictions, and crosses on earth, Riches like these to secure! Precious, more precious, Wealth that can never be told! Oh, the unsearchable riches of Christ! Precious, more precious than gold. (Worship in Song, #52)*

- 16 Luke 11:33-36; Psalm 101; Psalm 18:25-29; Titus 1:15-16  
17 Luke 11:37-54; Genesis 4:1-16; 2 Chronicles 24:17-22; Acts 13; Romans 2  
18 Luke 12:1-12; Acts 6:8-7:60  
19 Luke 12:13-34; Ecclesiastes 5:10; Isaiah 57:14-21; Ephesians 5:1-20  
20 Luke 12:33-48; 1 Thessalonians 4:13-5:11; 2 Thessalonians 2:1-16  
21 Luke 12:49-53; Mark 10:28-31; 13:3-13; Matthew 10:17-42  
22 Luke 12:54-59; Matthew 16:1-4; 2 Timothy 3:1-5; 2 Peter 3; 1 John 2:18-27

*There were ninety and nine that safely lay in the shelter of the fold, but the one was out on the hills far away, far off in the dark and cold. Away on the mountains, wild and bare. Away from the tender Shepherd's care. "Lord, Thou hast here Thy ninety and nine; are they not enough for Thee?" But the Shepherd made answer: "This of mine has wandered away from Me; and although the road be rough and steep, I'll go to the desert to find My sheep." And all through the mountains, thunder driven, and up from the rocky steep, there arose a cry up to the gate of heaven, "Rejoice, I have found My sheep!" And the angels echoed around the Throne, "Rejoice, for the Lord brings back His own!" (Trinity Hymnal, #187)*

- 23 Luke 13:1-9; Isaiah 5:1-10; John 15:1-17  
24 Exodus 20:8-11; Matthew 4:23-25; 12:1-14; Luke 13:10-35  
25 Luke 14:1-24; Matthew 22:1-14; Zachariah 3  
26 Luke 14:25-35; Philippians 3:7-4:1  
27 Luke 15; Proverbs 20:9; 21:17, 25, 26; 22:6; Psalm 51; Hebrews 12:4-13  
28 Luke 16:1-18; 12:33-34; Matthew 6:19-34  
29 Luke 16:19-31; 6:17-26; Matthew 25:31-46  
30 Luke 17:1-10; Matthew 6:9-15; 18:21-35  
31 Luke 17:11-19; Leviticus 13:29-37; Acts 14:8-10; James 5:13-16

# FIRST CUP PRAYER LIST

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. (Romans 8:26).

[illegible]

# COMING WEDNESDAY, AUGUST 7!

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