



# FIRST CUP READINGS

## MAY, 2022

Blessings and love in Christ,

*Sandy Sturch*

Dear Family in Christ,

First Cup is designed to assist you in the habit of daily Bible reading and prayer. The name is to remind you that as you reach for your first cup of morning coffee or tea, reach also for your Bible and prayer list. The prayers at the beginning of each week are taken from hymns, sometimes found in obscure hymnals in my library. They are intended to be read as your beginning prayer, to focus your mind on the daily readings that follow. May this spiritual discipline strengthen you as you face each day.

*Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I lift up my soul.— Psalm 143:8*

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| <p>1 Colossians 1:1-14; Ephesians 5:1-20</p> <p>2 Genesis 1; John 1:1-4; Colossians 1:15-23<br/>Living for Jesus a life that is true, striving to please Him in all that I do, Yielding allegiance, glad-hearted and free, This is the pathway of blessing for me. Living for Jesus wherever I am, Doing each duty in His holy name, Willing to suffer affliction or loss, Deeming each trial a part of my cross! Living for Jesus thro' earth's little while, My dearest treasure, the light of His smile, Seeking the lost ones He died to redeem, Bringing the weary to find rest in Him! I own no other Master; My heart shall be Thy throne. My life I give, henceforth to live, O Christ, for Thee alone. (Worship in Song, No. 333)</p> <p>3 Colossians 1:24-29; Romans 16:25-27; Ephesians 3:2-6</p> <p>4 Colossians 2:1-23; Ephesians 2</p> <p>5 Colossians 3:1-17; Ephesians 4:17-5:20</p> <p>6 Colossians 3:18-4:18; Ephesians 5:21-6:20</p> <p>7 Romans 1; Leviticus 18; Psalm 106</p> <p>8 Romans 2; James 1:19-25; Matthew 7:1-5</p> <p>9 Romans 3; Psalm 14; 5; Ephesians 1:3-14<br/>Holy Spirit, truth divine, dawn upon this soul of mine; Word of God, and inward light, wake my spirit, clear my sight. Holy Spirit, love divine, glow within this heart of mine; Kindle every high desire; perish self in Thy pure fire. Holy Spirit, power divine, fill and nerve this will of mine; By Thee may I strongly live, bravely bear, and nobly strive. Holy Spirit, right divine, make my conscience wholly Thine; Be my law, and I shall be firmly bound, forever free. (The Presbyterian Hymnal, No. 321)</p> <p>10 Romans 4; Ephesians 2:8-9; John 6:28-40</p> <p>11 Romans 5:1-11; Colossians 1:21-23; 1 Peter 4:12-19; James 5:10-11</p> <p>12 Romans 5:12-6:23; 1 Thessalonians 3:11-4:8</p> <p>13 Romans 7; 2 Samuel 11; Mark 14:26-38; 51-72; Psalm 32</p> <p>14 Romans 8:1-17; 2 Corinthians 5:1-10; Isaiah 25:6-9; 1 Corinthians 15:35-58</p> <p>15 Romans 8:18-39; Deuteronomy 31:6; Joshua 1:5; Psalm 118</p> <p>16 Romans 9; Jeremiah 18; Isaiah 29:13-16; 64:5-9<br/>A charge to keep I have, A God to glorify; A never dying soul to save, And fit it for the sky. To serve the present age, My calling to fulfill; Oh, may it all my pow'rs engage To do my Master's will! Arm me with jealous care, As in Thy sight to live; And, oh, Thy servant, Lord, prepare A strict account to give! Help me to watch and pray, And on Thyself rely, Assured if I my trust betray I shall forever die. (Worship in</p> | <p>Song, No. 190)</p> <p>17 Isaiah 65; Romans 10</p> <p>18 Romans 11; Psalm 139</p> <p>19 Romans 12; Leviticus 19:18; Proverbs 20:22; 1 Peter 2:11-25</p> <p>20 Romans 13; Ephesians 5:11-13; 6:10-18</p> <p>21 Romans 14; Psalm 34:14; Hebrews 12:14-15; 1 Corinthians 8:9-13</p> <p>22 Romans 15-16; Romans 12:10; 1 Peter 1:22; 1 John 4:7-21</p> <p>23 1 Peter 1; Romans 12:1-2; Ephesians 4:17-5:21<br/>O Jesus, I have promised To serve Thee to the end; Be Thou forever near me, My Master and my Friend: I shall not fear the battle If Thou art by my side, Nor wander from the pathway If Thou wilt be my Guide. O let me feel Thee near me! The world is ever near; I see the sights that dazzle, The tempting sounds I hear; My foes are ever near me, Around me and within; But, Jesus, draw Thou nearer, And shield my soul from sin. O let me hear Thee speaking In accents clear and still, Above the storms of passion, The murmurs of self-will! O speak to reassure me, To hasten or control! O speak, and make me listen, Thou Guardian of my soul! (The Hymnbook, No. 307)</p> <p>24 1 Peter 2:1-12; Romans 13:8-14; 1 Corinthians 3:16-17; 6:19; Psalm 65:1-4</p> <p>25 1 Peter 2:13-3:22; Ephesians 5:22-6:9; 1 Thessalonians 5</p> <p>26 1 Peter 4; Philippians 1:27-30; Revelation 2:10</p> <p>27 Jeremiah 10:21; 23:1-4; Matthew 9:36; John 10:1-18; 1 Peter 5</p> <p>28 Matthew 17:1-8; 2 Peter 1; 2 Timothy 3:16-17; Psalm 119:105; 2 Corinthians 4:6</p> <p>29 2 Peter 2; Hebrews 6:4-6; Jude</p> <p>30 Matthew 24; 2 Peter 3; 2 Thessalonians 1:3-12<br/>O Lord, my inmost heart and thought Thy searching eye doth see; Wher-e'er I rest, wher-e'er I go, My ways are known to Thee. Each spoken word, each silent thought, Thou, Lord, dost understand; Before me and behind art Thou, Restraining by Thy hand. From Thee, O Lord, I cannot hide, Though darkness cover me; The darkness and the light of day Are both alike to Thee. Search me, O God, and know my heart, Try me, my thoughts to know; O lead me, if in sin I stray, In paths of life to go. (The Hymnbook, No. 129)</p> <p>31 1 Corinthians 10:1-13; 1 Timothy 6:6-10; 1 John 2:15-17; James 1:13-15</p> |
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*In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. (Romans 8:26).*

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